



**Local Covid-19 Support 2<sup>nd</sup> April 2020**

| Service Type                   | Organisation               | Address  | Community Offer Now   | Contact Person | Contact Number | Email Address  |
|--------------------------------|----------------------------|--|---|----------------|----------------|--|
| Food & Provisions<br>          | M'uath Trust               | The Muath Trust,<br>Bordesley Centre,<br>Stratford Road,<br>Birmingham.<br>B11 1AR | Delivering food parcels,<br>prescription services/<br>shopping/ befriending<br>and checking over the<br>phone on wellbeing.<br>Hot food delivery one<br>day a week from next<br>Wednesday.<br>Also can issue food<br>bank vouchers. | Ahmed Hashmi   | 0121 753 0297  | <a href="mailto:admin@muathtrust.org">admin@muathtrust.org</a>                       |
| Food Bank<br>                  | Church Of<br>Ascension     | 592 Fox Hollies Rd,<br>Hall Green,<br>Birmingham<br>B28 9DX                        | Food Bank<br>Friday 2pm to 5:30pm.  | n/a            | 0121 777 3689  | <a href="mailto:admin@ascensionhallgreen.org.uk">admin@ascensionhallgreen.org.uk</a> |
| Food Bank &<br>Befriending<br> | Narhex Sparkhill           | St John's Church,<br>Sparkhill, Birmingham<br>B11 4RG                              | Foodbank and<br>befriending service.<br>Food bank<br>Wednesdays. 10:30am<br>to 12:30pm.<br>Must have a Red Food<br>Voucher.   | David Wiseman  | 0121 708 1398  | <a href="mailto:foodbank@narhex.org.uk">foodbank@narhex.org.uk</a>                   |
| Food Bank<br>                  | Balsall Heath Food<br>Bank | Balsall Heath Church,<br>Mary Street,<br>Birmingham<br>B12 9JU                     | Foodbank Centre<br>Thursday 11am to 1pm   | n/a            | 0121 440 1138  | <a href="mailto:foodbank@narhex.org.uk">foodbank@narhex.org.uk</a>                   |

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| Food & Provisions<br> | Volunteer Group<br>Hall Green         | n/a   | Available for residents living on certain roads in Hall Green Only<br>Food delivery, food shopping, prescription pick up, feeling isolated and need someone to talk to.                                 | Helen Gulberg  | n/a   | <a href="mailto:helene.guldberg@spiked-online.com">helene.guldberg@spiked-online.com</a> |
| Food Bank<br>         | Sparkhill Food Bank                   | 20-21 Business Park Hay Hall Road Tyseley B11 2AG     | Food bank open Tuesdays. 10am to 1:30 pm. Must have a Red Food Voucher.   | n/a            | 0121 708 1398   | n/a  |
| Food Bank<br>         | Salma Food Bank / Bearded Bros        | Unit 8, Ashcourt, Smethwick B66 1QG                   | Please note our service is running limited due to the COVID19 outbreak, we are ONLY dealing with people with families and the elderly until further notice. Will take referrals from social work teams. | n/a            | Best way to make contact is to text or call to 07767 164246 | n/a  |
| Food Delivery<br>     | Hall Green Residents (Highfield Hall) | 127-129 Highfield Road, Hall Green Birmingham B28 0HS | Food delivery - essential foods.  | n/a            | 07470153525 or 0121 439 2690                                | n/a  |

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| Food, Provisions & Befriending<br> | Moseley Together                    | n/a  | Residents Living in Moseley.<br>• Get help if you...<br>Are unable to leave your home because of COVID-19 (coronavirus).<br>• Need some help with getting shopping, picking up prescriptions or other errands.<br>Feel isolated and need someone to talk to. | n/a   | TEXT or CALL:<br>07796 668257 | <a href="mailto:info@moseleytogether.org.uk">info@moseleytogether.org.uk</a>   |
| Food Provision<br>                 | The Active Wellbeing Society (TAWS) | n/a  | If you require food deliveries please complete the form<br>Telephone service and online forms  | n/a   | 0121 728 7030                 | <a href="https://theaws.co.uk/coronavirus/">https://theaws.co.uk/coronavirus/</a><br><a href="https://www.theaws.co.uk/relief">www.theaws.co.uk/relief</a> |
| Food Bank<br>                      | Edward Road, Baptist Church         | Edward Road Baptist Church Balsall Heath B12 9LY | Collect food and are able to issue vouchers to help the neediest in our community.<br>( In conjunction with the Balsall Heath Church Centre- Edward road acts as the satellite of the Sparkhill Food bank)   | Rev Alexander Samy / <a href="mailto:samy@erbc.org.uk">samy@erbc.org.uk</a> | 0121 256 2565                 | <a href="mailto:enquiries@erbc.org.uk">enquiries@erbc.org.uk</a>   |





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| Food Delivery<br>                         | Israr UK          | n/a           | Ad-hoc food deliveries to vulnerable members of community. Are picking up food from Morrison's and delivering to food banks etc. Have also offered transport for deliveries etc. as they have a van. | n/a            | 0121 766 8771                   | <a href="mailto:info@israuk.org">info@israuk.org</a><br>or<br><a href="mailto:events@israuk.org">events@israuk.org</a> |
| Food collection<br>                       | Dar Ul Jannah     | n/a           | Food parcels for collection only by arrangement via phone Hall Green / Sparkhill.  | Bashrat        | 0795 035883                     | <a href="mailto:Daar-Ul-Jannah@hotmail.com">Daar-Ul-Jannah@hotmail.com</a>   |
| Food delivery<br>                         | As-Suffa Outreach | n/a           | Those isolating with Covid-19 symptoms and are over 65 contact to arrange a food delivery.   | n/a            | 0783 548 7124/<br>0121 285 2777 | <a href="mailto:info@as-suffa.org">info@as-suffa.org</a>   |
| Shopping & delivery<br>                 | Age UK            | n/a           | Practical support - we try to connect people to established channels for shopping/food parcels. But if there is no alternative, we will do this ourselves.   | n/a            | 0121 437 0033                   | <a href="mailto:info@ageukbirmingham.org.uk">info@ageukbirmingham.org.uk</a>   |
| After school care & food deliveries<br> | St Pauls Trust    | Balsall Heath | After school care for NHS Staff. Soon to do food deliveries and if interested need to go to the website and complete pro forma.  | Anita Moore    | 0121 464 1888                   | <a href="mailto:anita.moore.@stpaulstrust.org.uk">anita.moore.@stpaulstrust.org.uk</a>                                 |





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| Food shopping & Health info<br> | Smart Women                                 | n/a     | Taking women food shopping if needed. Providing health information in all languages for women to understand                                      | Rubina Tareen  | 0121 772 7533   | <a href="mailto:swctc@hotmail.co.uk">swctc@hotmail.co.uk</a>   |
| Befriending<br>                 | Birmingham Settlement                       | n/a     | Life affected by Covid-19. Over 50, feeling isolated or lonely. Need a friendly chat with someone.   | n/a            | Adele<br>07710856186<br>Andy<br>075355241113<br>Shanty<br>07947875252 | n/a  |
| Advice   | Welfare Benefits Advice and Citizens Advice | n/a     | Citizens Advice can assist with making benefit claims, dealing with benefit related problems, filling out forms, debt support and general advice | n/a            | 03444 77 1010   | <a href="http://www.adviceguide.org.uk">www.adviceguide.org.uk</a><br>webchat is also available via this link and advice on the website is available too |
| Helpline<br>                  | Birmingham Mind                             | n/a     | 7 days a week  | n/a            | 0121 262 3555   | <a href="mailto:help@birminghammind.org">help@birminghammind.org</a>   |
| Advice   | Unite the Union                             | n/a     | Advice on employment law related to covid-19.  | n/a            | 03332026557   | n/a  |
| Advice   | Birmingham Settlement                       | v/a     | Debt, Welfare Benefit Advice.  |                | 0121 250 0765   | <a href="mailto:moneyadvice@bsettlement.org.uk">moneyadvice@bsettlement.org.uk</a>   |
| Helpline<br>                  | Age Concern                                 | n/a     | Helpline for people in need of advice and support. Hours are Monday to Saturday 9.30am till 4pm  |                | 0121 362 3650   | <a href="mailto:info@ageconcernbirmingham.org.uk">info@ageconcernbirmingham.org.uk</a>   |

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| Advice   | Disability Resource Centre (DRC)                | n/a     | Welfare benefits advice, low level debt advice.<br>Mon to Thurs 8.45 to 5pm<br>Fri – 8.45 to 4 pm  | n/a            | n/a  | <a href="mailto:drc@disability.co.uk">drc@disability.co.uk</a> or<br><a href="mailto:help!@disability.co.uk">help!@disability.co.uk</a> |
| Telephone Support<br> | Midland Mencap                                  | n/a     | Telephone support<br>Mon- Fri 8 am – 8pm<br>Sat & Sun 10am – 4pm   | n/a            | 0121427 6404   | <a href="mailto:families@midlandmencap.org.uk">families@midlandmencap.org.uk</a>  |
| Housing<br>           | Birmingham City Council Temporary Accommodation | n/a     | Temporary Accommodation:   | n/a            | 0121 464 6381 or<br>0121 675 6805 or<br>0121 675 5531                | Out of Hours Emergency: 0121 303 2296 (after 5:15pm or 4:15pm on Fridays)   |
| Housing<br>           | Trident Rough Sleepers scheme                   | n/a     | 6AM - 12PM 7 DAYS  | n/a            | 0800 880 7157  | n/a   |
| Housing<br>         | St Basil's Youth Hub                            | n/a     | "Emergency (Accommodation) out of hour's number 5:15pm onwards or on Friday 4:15pm onwards: 0121 303 2296 or for anyone under 18: 0121 675 4806<br><br>Birmingham Social Services: (For help with housing and social support and care needs)<br>Monday to Friday 8:45am - 4:15pm: 0121 303 1234<br>Out of hours from 5:15pm: 0121 675 4806 | n/a            | 0300 303 0099 or<br>0121 772 2483 or<br>text Need St Basils to 62277 | n/a   |

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