

# Hall Green Families is here to help

across Balsall Heath, Sparkhill, Sparkbrook, Moseley, Kings Heath & Hall Green.

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## **Bi-weekly Early Help Update: 27th Jan 2021**

A lot is changing rapidly for all of us and many families and young people are in need of additional support during this period.

We are here to help you support local families, children and young people to get the help they need throughout lockdown. To request help for a young individual, their family or to get support with an Early Help Assessment, please complete a <u>Family Connect Form</u> or give us a call. If you would like to share information about your organisation's support services or a change in your services or needs, please contact one of our community connectors.

### **Support**

- Narthex Sparkhill offers debt advice and a foodbank. To book a debt advice appointment please call Sandra on 07467045294. For foodbank details please call 01217081398 or email foodbank@narthex.org.uk
- Forward Thinking Birmingham have a useful list of mental health resources for young people. See attached.
- **Healthy Watch Birmingham**: Covid related support and information link for Birmingham: <u>click here</u>.
- The Active Wellbeing Society are offering quality clothing through their Wear and Share project. Find out more an request <a href="here">here</a>. They also provide free meals and some food parcels from their Big Feed Community Cafes, which remain open during lockdown. Find out more <a href="here">here</a>.
- **Baby Aid Birmingham** helps families with children aged 0-5 years to get their hands on essential items. Find more info <a href="here">here</a>.

#### News

- Youth Covid Challenge have launched their Youth Rules Lockdown 2021 competition. It invites 10-18 year olds across the locality to creatively express how they're staying safe and positive throughout lockdown. Culminating in March with an online exhibition, prizes and bronze, silver & gold awards. For more info and registration, click here.
- West Midlands Violence Reduction Unit has launched its Education toolkit, aimed at supporting schools and those working with vulnerable children and YP. It brings together expertise of various disciplines across the education sector: Public Health, Educational Psychology, SEND and Early Help. Find the toolkit here.
- Hall Green NNS have a digital needs survey they would like Hall Green organisations and groups to fill out. This is to help them gauge what your digital needs are and the best ways to generate help and support as you provide your online services for local people. Please find the survey form <a href="here">here</a>.
- The 'Ask for ANI' scheme allows those at risk of or suffering from abuse to discreetly alert trained pharmacy workers across the UK. This document provides info about the government backed scheme and encourages pharmacies to sign up.
- BBC Videos about the Vaccine in 5 South Asian Languages Q&A videos in 5 South Asian languages. Please find <a href="https://example.com/here.">here.</a>
- **Safer Internet Day 2021, 9th Feb** UK Safer Internet Centre has published resources for schools and other settings to celebrate remotely. Access resources <a href="here">here</a>, and see also NSPCC learning <a href="here">here</a>.

## **Community & Hardship Funding**

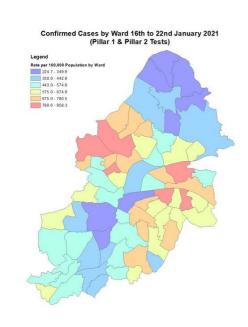
- **Emergency Food Assistance** grants are available, increased from £50 to £100 per household to assist with food & fuel costs. To refer a family please fill out a <u>family connect form</u> or call us.
- Emergency Assistance Food & Supplies grant programme up to £5000 for local community organisations to provide food with financial and emotional support provision. Full details of funding and application process open to schools and local groups can be found <a href="https://example.com/here.com/h
- **Groundwork UK** are now issuing fuel vouchers to West Midlands households on pre-paid metres struggling with gas & electric costs. £49 for families; £24 for individuals. Now taking referrals please find the form <a href="here.">here.</a>
- Birmingham City Council has a Local Welfare Provision scheme to help vulnerable people in short term crisis access food and essential items. Full details <a href="https://example.com/here/">here</a>.

# FOUTH RULES Lock 4921

# Hall Green Covid Updates

We are seeing reductions in rates of cases per 100'000 across our wards. Hall Green North & South have both seen 52% reductions and Sparkhill has reduced by 43% from the last fortnight.

See further city-wide and local Covid support and info <a href="here">here</a>.



#### **Events & Training**

- **Hall Green NNS** are hosting a number of useful online events in the coming months, from skills and activities training, to safeguarding and mental health awareness. Please find further info <a href="here">here</a>.
- Birmingham Community Matters (BCM) are hosting their second 'Writing better funding applications' online event on 23rd Feb. Register here. BCM also have a page of resources for community groups reacting to Covid-19, detailing info on funding, continuity & recovery and local & national support services.
- **Early Education Entitlement** national webinar aimed at family facing professionals to help promote the benefits of 2 year old entitlement to 15 hours early learning. **See attached.**
- Free online parenting classes from bump to 19 years. Please see attached for details.
- SOS + Gangs and County Lines Parents Awareness Sessions 10 sessions for parents. See attached to sign up.
- Finding Calm in the Chaos an interactive mindfulness course for YP aged 18-23. Government and National Lottery Community Fund sponsored. Monday evenings from 8th Feb 8th Mar. Find further details and sign up here.

**Birmingham Voluntary Service Council** are hosting a **vaccine Q&A webinar** for the BAME community with the city's Director of Public Health. 18th Feb, 6-7pm. Find all details <u>here</u>.

