

22 October 2021

To the parents of pupils in year 10

Dear parents/carers,

I am writing to inform you that after the half term break, pupils in year 10 will start to receive their statutory Relationships, Sex and Health Education lesson. This will be delivered in the form of twelve one-hour lessons, once per fortnight up to the end of May. The topics are as follows:

Date	Time	Lesson title
Tuesday 2nd November	Period 1	Consent
Thursday 18th November	Period 3	Healthy relationships
Wednesday 1st December	Period 3	Managing sexual pressure
Wednesday 5th January	Period 4	Inappropriate, violent and coercive sexual behaviour
Wednesday 19th January	Period 3	Contraception*
Thursday 3rd February	Period 3	What are STIs?*
Tuesday 15th February	Period 1	Treatment of STIs*
Tuesday 8th March	Period 2	Healthy online behaviour
Wednesday 23rd March	Period 3	Facts about fertility
Thursday 31st March	Period 3	Pregnancy and miscarriage
Tuesday 10th May	Period 1	Choices in relation to pregnancy
Wednesday 18th May	Period 3	Drugs, alcohol and risky sexual behaviour

The lessons will be delivered in single-sex groups by specially-trained teachers and with respect for different cultural views, as laid out in our RSHE policy (which can be found on the school website).

Any parent has the right to withdraw their child from the lessons marked with an *, as these form part of sex education, but not from the others. If you wish to withdraw your child from any of these three lessons, please inform me in writing. However, if you do have any concerns or queries, we would prefer you to contact me (or Miss Melville, Subject Leader for PSHE) at the school first, so that we can discuss them informally over the telephone or in person, if preferred.

Yours faithfully,

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Mr A. Simson (Deputy Head Teacher)

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