

# OUR REVISED AUTUMN/WINTER 22 *Menu*

Providing students with great tasting, nourishing meals that they're going to love and enjoy is our priority to ensure students grow healthy and strong with a positive relationship with food.



## OUR REVISED AUTUMN/WINTER '22 MENU

We have listened to the feedback we have received from students, parents and guardians, and you, our partners to revise our menu. Take a look below at the changes we have made.

- We've introduced more 'fast casual' food-on-the-go bringing food service and choices in line with a High Street menu.
- We've included more plant-based choices throughout the week ensuring healthier choices are available everyday.
- We've made 28 new dishes available including 12 new vegetarian dishes, balancing familiarity with new and exciting flavours and tastes.

# SUPPORTING STUDENTS TO LEAD

FOOD UNION

## *Healthier Lives*

Providing students with delicious, nourishing meals that will fuel them for their day of learning is our priority whilst also supporting them to develop a healthy relationship with food to support their onward development.

We know that for some students, their school lunch maybe their only hot meal that day and so our team of Nutritionists ensure that all of our delicious meals are packed with the nutrients pupils need to grow healthy and happy.

## OUR COMMITMENTS

To ensure we provide delicious, nutritious meals every day, our team of Nutritionists review our menus to ensure that:

- They are fully compliant to the School Food Standards
- All ingredients are checked for compliance to ensure they meet government salt and sugar targets with no unwanted additives or allergens
- All recipes are checked to ensure they contain the right portions of key nutrients
- All menus provide a good balance of the main food groups



## IT'S UP TO YOU

By following an approved Chartwells food offer, we can reassure you, our parents and students that we are serving a balanced and nutritious food offer that will provide students with everything they need to excel in the classroom.

### ALL CHARTWELLS SCHOOL MEALS ARE...



Tasty



Nutritious



School Food Compliant



In line with Government Salt & Sugar Targets