

Whole school PSHE programme					Day	Date	Period	Week
Year 7	Year 8	Year 9	Year 10	Year 11				
Healthy relationships	Social media/body image - moved from 9 to 8	When do you need help?	Interview questions, CV, completing and preparing a progress file. Healthy Relationships	Higher - WTM W1 - Revision Foundation - Revision Skills	Thur	21/09/23	P2	Week 1
Body Image	Conspiracy theories	Body image & Eating Disorders	Interview questions, CV, completing and preparing a progress file. Healthy Relationships	Foundation - WTM W1 - Revision- Revision Skills	Wed	04/10/23	Pd3	Week 1
Xello careers lesson & Survey Peer on peer Abuse	Consent (generic) before loudmouth	Mindfulness	Sexual pressure	Post 16 options - classroom based - to coincide with options evening	Wed	25/10/23	Pd4	Week 2
Xello careers lesson & Survey Peer on peer Abuse	Anger management	Consent	Inappropriate sexual behaviour	Post mock review	Thur	16/11/23	Pd3	Week 2
CSE	Vaping + addictive behaviours	Sexting	Treatment of STIs	Post 16 online research and apply	Wed	29/11/22	Pd4	Week 2
Joint Enterprise	Mentally healthy lifestyle	Personal Hygiene	Drugs, alcohol and risky behaviour	KSM pinpoint Maths	Tue	12/12/23	Pd2	Week 2
Mental health	Eating disorders	Honour-based violence	Researching employers for work exp Healthy online behaviour	HumanUtopia KGA	Thur	11/01/24	Pd4	Week 2
Educate and celebrate	Challenging gender stereotypes in careers	Contraception	Researching employers for work exp Healthy online behaviour	Mental Wellbeing ABU	Wed	24/01/24	Pd4	Week 2
Lethal highs	CSE	STIs	Facts about fertility	MRI	Thur	08/02/24	Pd2	Week2
FGM	Different types of employment	Xello Careers/ Budgeting	Pregnancy and Miscarriage	SLA Maths WTM	Tue	27/02/24	Pd3	Week 2
MHO	Revision skills	Xello Careers/ Budgeting	Choices in relation to pregnancy	Science WTM Mock	Thur	14/03/24	Pd4	Week 2
Revision skills/ Management of subjects at school	TBC	Revision Skills	Revision Skills	Eating and Sleeping Well	Wed	24/04/24	Pd3	Week 2
Revision skills/ Management of subjects at school	TBC	Pornography	TBC	The power of LinkedIn and Future Skills Questionnaire	Thur	07/05/24	Pd4	Week 2
TBC	Xello careers lesson (or in ICT lesson)	TBC	TBC	SLA	Tues	21/05/24	Pd2	Week 2
TBC	Xello careers lesson (or in ICT lesson)	TBC	TBC	KGA	Thur	06/06/24	Pd3	Week 1