

Curriculum overview 2025-2026

	Date		Year 7	Year 8	Year 9	Year 10	Year 11
Week 2	Mon	08/09/2025	Personal Safety	Peer Pressure	Vaping	Mental Health	Mental Health Revisited
Week 2	Mon	22/09/2025	Emergency Situations	Addictive Behaviours: Gambling	Addictive behaviours: Substance abuse	Stress Management	Study Skills Assembly : Hall
Week 2	Mon	06/10/2025	Internet Harms: Online Vs Reality	County Lines	Social Influences and gangs	Healthy Online behaviour	Budgeting
Week 2	Mon	20/10/2025	Mental Health	Sleep Routines	Consent	First Aid	MOCK
Half term: Monday 27th to Friday 31st October 2025							
Week 2	Mon	10/11/2025	First Aid	First Aid	First Aid	Unifrog Exploring Employer Profiles	First Aid
Week 2	Mon	24/11/2025	Unifrog: What is an entrepreneur?	Loudmouth theatre - Safe And Sound - Y8 (8:45 to 9:45 in Hall)	Budgeting/Finance	Cultural and religious diversity	The digital World
Week 2	Mon	08/12/2025	Unifrog: Who am I & Exploring possibilities	Safe and Sound Follow up	Yr 9 choosing what to study at KS4	Work Experience Launch & draft CVs	Data & Binary
End of term holiday: Monday 22nd December 2025 - Friday 2nd January 2026							

Week 2	Mon	05/01/2026	No PSHE - Late start for pupils.				
Week 2	Mon	19/01/2026	Bullying	Diversity	Honour based violence	Extremism, terrorism, prevent	Inside the computer: Hardware & Software
Week 2	Mon	02/02/2026	Educate and Celebrate	Diversity - Discussion (Oracy)	Domestic Violence	Loudmouth theatre - Trust Me - Y10 (8:45 to 9:45 in Hall)	Networks & The Internet
Half term: Monday 16th to Friday 20th February 2025. Ramadan Starts 17th - TBC							
Week 2	Mon	23/02/2026	Peer on peer abuse	Mentally healthy lifestyle	Loudmouth theatre - Talking Heads - Y9 (8:45 to 9:45 in Hall)	Challenging Gender Stereotypes	Cybersecurity & Online Safety
Week 2	Mon	09/03/2026	Child Sexual Exploitation (CSE)	Anger Mangement	Healthy Routines		The Future of Computing
Week 2	Mon	23/03/2026	Female Genital Mutilation (FGM)	Eating disorders	Personal Hygiene	Loudmouth theatre - Calling it out - Y10 (8:45 to 9:45 in Hall)	Revision
End of term holiday: Monday 30th March to Friday 10th April							
Week 2	Mon	20/04/2026	Saving, Borrowing and Budgeting	Different types of employment	Loudmouth theatre - Working for Marcus - Y9 (8:45 to 9:45 in Hall)		Revision
Week 2	Mon	04/05/2026	Bank holiday: School closed				
Week 2	Mon	18/05/2026	Unifrog: What is a Career?	Digital Literacy	Sexting		Revision
Half term Monday 25th to Friday 29th May- EID26th May							
Week 2	Mon	08/06/2026	Healthy Relationships	Social Media	Sexually Transmitted Infections (STIs)	Sexual Pressure	
Week 2	Mon	22/06/2026	Self Esteem and confidence	Body Image	Contraception	Inappropriate sexual behaviour	
Week 2	Mon	06/07/2026	Diability Awareness	Joint Enterprise	Dangers of Pornography	Treatment of Sexually Transmitted Infections	
End of term Holiday: Tuesday 21st July- Monday 30th August 2026							

Key	
PSHE Strand: Health and Wellbeing	
PSHE Strand: Living in the Wider World	
PSHE Strand: Relationships	
External Providers	
Delivered by Specialist team in school	
Heavy/Distressing topics discussed.	